

Cycling Routes

General Instructions

Most Road Cycle routes start from Kinross Pier where there is good parking and facilities. The Pier can be found following directions to the Angling Centre and Loch Leven Castle Ferry, in Kinross. Mountain routes have directions to starting points within instructions. Several routes are not for the faint hearted and you should be confident of cycling on roads and constantly aware of your own safety. Loch Leven Heritage Trail and Lochore Meadows provide the exception as they are not open to vehicles and are fairly flat. There are potential refreshment points in various areas but you should be sure of your own supplies and also have appropriate clothing and equipment. If you are unused to exercise you should begin slowly and take your doctors advice. For lots more information: www.cycling.visitscotland.com/mountain_biking/. Please use this leaflet in conjunction with a more detailed map.

Kinross - Cleish - Powmill - Balado - 32km

Leave Kinross to the south following the B996. Take the right turning which appears just after the town boundary. Follow the road where it briefly joins the B9097, then turn right towards Cleish Mains and West Cleish. Cycle along this road to it's end, at the T-junction turn right onto the A823 and follow this to the junction with the A977. Just outside Powmill, you can stop for refreshments at the Milk Bar. Beyond the Milk Bar take the left turn up to Rumbling Bridge which resumes as the A823. Turn right to Lendrick School after the Bridge and follow the road into Crook of Devon where you turn left along the main road. Turn right towards Drum rejoining the B9097. Take a left to Coldrain then at the T-Junction turn left again towards Balado. Turn right onto the A977 which will lead you back into Kinross.

Loch Ore loop - 5.25km

Cycle or drive south of Kinross on B996. 1/2km before Keltybridge turn left onto a minor road signposted 'Lochore Meadows'. After 2km there is a Parking Bay on the north shore of Loch Ore. This is a level track around the circumference of Lochore providing easy cycling. Particularly suitable for children.

Kinross - Drum - 23.17km

Leave Kinross to the south following the B996. Take the right turning which appears just after the town boundary. Follow the road towards Cleish but take a right turn along the B9097. Follow the B9097, turning right through Drum. Cross the A977 and take the road up to the A91. Follow the A91 west until a right turning to Kinross. This will take you back to the A977 with the Golf Ball on your right. Turn left here, heading back to Kinross over the motorway and to your start point at The Pier.

Loch Leven Heritage Trail - 12.2km

Starting at the Pier, Kinross, this is a flat easy route which takes you through Kirkgate Park to Burliegh Sands, around the north of Loch Leven finishing at Vane Farm (there is a sharpish climb as you approach Vane Farm). You can start at various points on the Trail. These and details about the heritage of the area are outlined in a separate leaflet produced for the Trail, (N.B. - opening in September 2008).

Kinross - Pathstruie - Stronachie - Meikle Seggie - 28.3km

Leave Kinross to the north entering Milnathort and crossing the mini roundabout keeping moving north. This takes you past Holtonburn and Middleton to Newhill where you take a left to Pathstruie. Once at Pathstruie take a left and you start moving south back towards Stronachie. You will have tremendous views of Loch Leven as you come back downhill to Meikle Seggie. Turn right here on to Ballingall. A quick right and left across the black & white bridge on the A91 gets you back onto Gallowhill Road and down into Kinross. At the end of this turn right towards the town centre and Kinross Pier.

Kinross - Mawcarse - Glenlomond - Strathmiglo - Glenfarg - 37.7km

Leave Kinross to the north. After passing the Leisure Centre on the left you travel a little further and take the right into Auld Mart Road. This lets you join the Cycle way to Mawcarse. Leave Mawcarse heading for the B919. Turn right here heading for the main A911. Once past the Balgedy Toll Tavern on the A911 take the left turn towards Glenlomond. Following this road will take you along the bottom of Bishops Hill and the West Lomond Peak towards Strathmiglo. Go north out of Strathmiglo and you will follow the road to Pittuncarty, Leden Urquhart and Newton of Balcanquhal and across to Glenfarg. Leaving Glenfarg to the east you cycle out towards Newhill and back down through Middleton and Holtonburn to Milnathort. Come back down through Milnathort and into Kinross.

Kinross - Pittendreich - Mawcarse - 15.5km

Follow the Loch Leven Heritage Trail from Kinross Pier, at Mary's Gate turn right away from the golf course. Follow the trail and turn left off towards Loch Leven's Larder. Take the road opposite up to Pittendreich and then left along the B919 towards the Mawcarse turn. Join the cycle way heading west at Mawcarse and come out into Auld Mart Road which joins up with the main road down into Kinross and back to the Pier.

Kinross - Burliegh Sands - Glenfarg - 22.9km

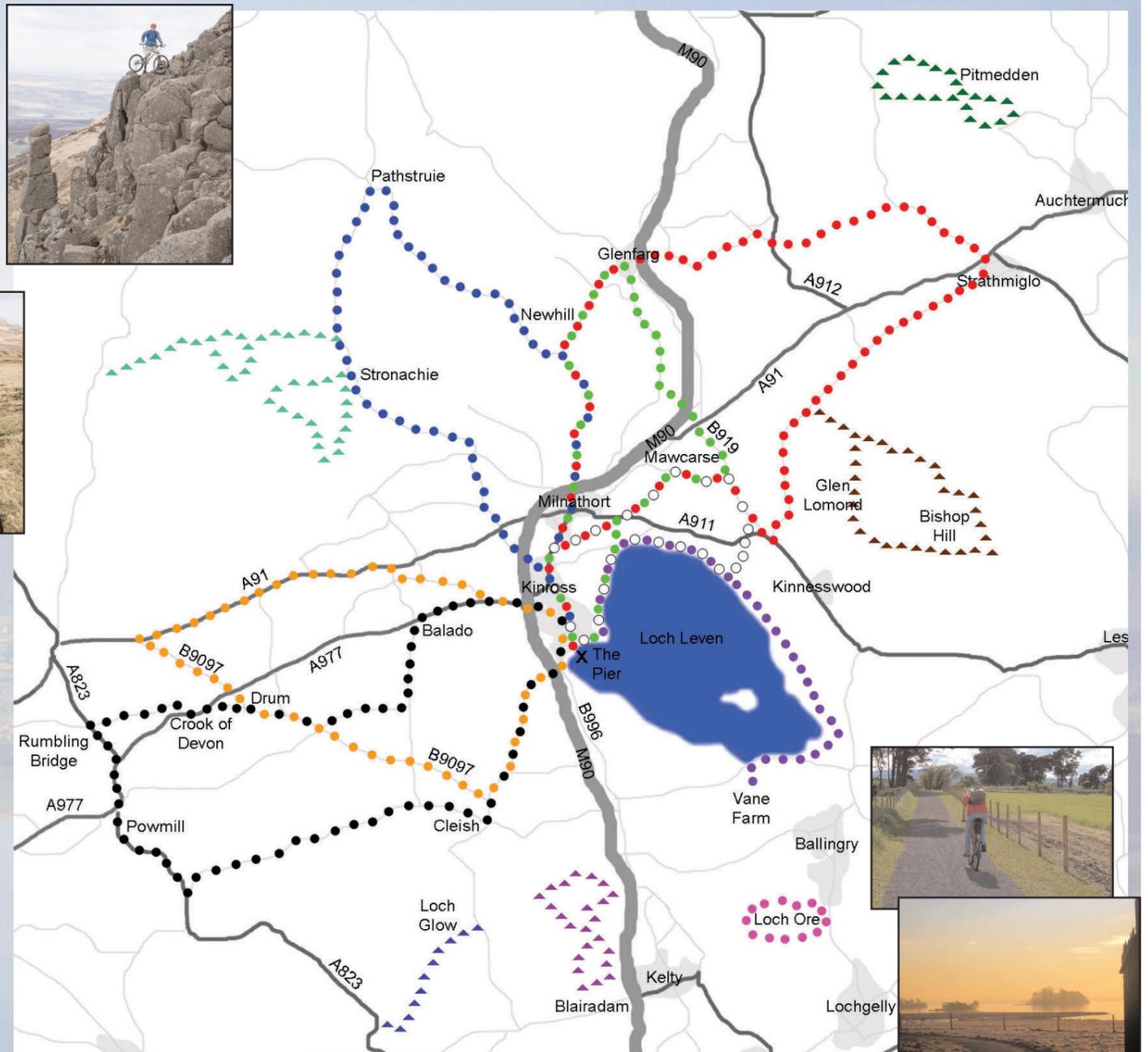
Take the Loch Leven Heritage Trail from Kinross Pier and exit at Burliegh Sands. Crossing the road, there is a short path beside some trees which takes you up to the Cycleway. Turning right along here you head to Mawcarse, turn left up the B919 cross the A91 and head up the small road opposite, head left after a sharp right turn, towards Collitson, turn right at the T junction towards Glenfarg. Leave Glenfarg to the east, cycling towards Newhill and back down through Middleton and Hattonburn to Milnathort. Leave Milnathort to the south and you find Kinross.

Stronachie Loops Mountain Bike Route - 6.5km

Start: There are two loops which can be accessed by car with road side parking at Stronachie
Routes: The southern route has more single track and is more technically challenging. From the car park follow the track round the southern side of Blackhill and continue clockwise. When the track turns to the north, descend over steep grassy terrain where you will need to dismount to cross a small burn. Continue north for a lung-busting steep ascent over uneven ground. At the top of the hill there is an excellent section of singletrack with a couple of moderately-steep rocky steps taking you to a fast forest track leading back to the car park.
 The second loop 1km further north, just past Stronachie (1km further north, over aptly named North Hill) is less technically challenging and follows forest roads around Rashie Hill. It is possible to continue this route over to Dunning Glen, but involves a short carry at Linn Hill.
Grade: Some of the trails can be difficult to cycle, especially if wet. Short areas of steep descent which the less adventurous can walk around.

Bishop Hill Loop Mountain Bike Route - 12km

Start: There is a small carpark on the minor road between Glenlomond and Strathmiglo. The track starts 100m southwest of this carpark in a small wooded area (signposted 'Footpath to Glenvale').
Routes: Follow the well-marked track south east towards the Lomond Hills and past a rocky prominence on the left known as 'John Knox' John Knox's pulpit. From here the track is boggy in all but the driest conditions. Continue along this track (avoiding the temptation to turn right into Bishop Hill) and soon it will join up with the access road skirting around the south of some of the small reservoirs. Cycle down this access road, and a few hundred metres past Holl reservoir turn right (at West Balgothrie farm) to climb a farm track to West Feal Farm. Follow the track around the right-hand side of the farm buildings, then through a wooden gate and follow the well made track to the weather station. Shortly after this road enters forestry commission land, leave the surfaced road and continue up the grassy track towards the top of the hill. The gradient increases towards the top, providing a good fitness test for most cyclists. There follows a spectacular traverse over the top of Bishop Hill with excellent views across Kinross-shire. Avoid the zig-zag descent to Easter Balgeddie, and head for the northern shoulder of Bishop Hill for an exhilarating steep descent down the hill (small drop offs over a rutted grassy surface). At the bottom rejoin the approach track just below John Knox pulpit.
Grade: Physically challenging and technically difficult mountain bike route with a good mixture of terrain. Best cycled in dry conditions to minimise any hill erosion.



Pitmedden Mountain Bike Route - 6.7km

Start: Follow directions from Auchtermuchty for the Venison Farm. As this road passes the southern edge of Pitmedden forest, there is a small parking area on the right. From here take the track that heads north west (parallel with the road), making your way up towards the larger section of forest where there is a network of trails.
Routes: Numerous unmarked singletrack trails crisscross throughout the forest. Volunteers have created excellent sections of fast flowing trails with protruding tree-roots, drop-offs, jumps and steep descents to keep the adrenaline flowing. There are several open forest roads for those wishing a less demanding ride.
Grade: Variety of different grades from wide forest roads to more challenging technical sections of single track. Some short steep climbs in places.

Blairadam Mountain Bike Route - 6.88km

Start: By car, leave the M90 at at J4, turn right and enter the forest via the main entrance, about 1/2km up from the sliproad, on the right. The main car park is at the bottom of the hill. Alternatively there is a good cycle up the Nivingston road from Cleish. Follow this south to Lochornie, where there is a seriously quick downhill track on the left leading to the main Blairadam complex.
Routes: Network of informal singletrack routes throughout the forest. No routemarking, but possible to join a group most weekends for a guided tour (www.blairadam.com)
Grade: Variety of different grades from wide forestry commission roads to more technical sections of single track.

Lochglow to Knockhill Mountain Bike Route - 3.84km

Start: Drive or cycle from Cleish southwards up the Nivingston road. After the main climb past Nivingston crags, the road levels and enters forest. On the right there is a forest road leading to Loch Glow.
Routes: Follow the forest road towards Loch Glow, but take the left fork before reaching the loch (at 095954). A narrow forest track leads south west to Knockhill. Either return by the same route, or cycle back along the B914.
Grade: The forest track is narrow and quite challenging in places.



Our thanks to Willie Robertson and Paul Baughan for designing these courses, plus Greg Forbes, Rachel Forbes and www.kinross.cc for photographs.